

Date: 5/2/25

PREP GRADE 9-12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
AUGUST 11 – 15, 2025

	MONDAY 8/11	TUESDAY 8/12	WEDNESDAY 8/13 PUPIL FREE DAY	THURSDAY 8/14	FRIDAY 8/15
BREAKFAST				BREAKFAST	BREAKFAST
Entrée 1				Ham & Cheese Croissant (R0628)	Café LA Coffee Cake ✓ (CMS #2773)
Entrée 2				Deluxe Cereal Bowl ✓	Nutri-Grain Bar & Yogurt ✓ (R5721-DW, R5722-CB)
Entrée 3 <i>Vegan</i>				Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)				Fresh Fruit	Fresh Fruit
Fruit –Juice (½ c, 4 oz.)				Fruit Juice	Fruit Juice
Milk, 8 oz.				Milk	Milk
LUNCH				LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>				Optional: Fresh Topping* for all burgers Buttery Burger (R5776) AND/OR Buttery Cheeseburger (R5777) AND/OR Buttery Western Cheeseburger (R5778)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge ✓ (R1063)
Entrée 2				Arroz Con Pollo (R5783)	Beef Teriyaki Dippers & Carrot Rice Bowl (R5695)
Entree 3 <i>Vegan</i>				Impossible Burger (R6032) Optional: Fresh Topping*	Vegan Teriyaki & Carrot Rice Bowl (R6041)
Entrée 4 <i>Smoothie, Parfait, Sandwich, OR Salad</i>				Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**	Manager's Choice: Smoothie** Granola Cinnamon (CMS #1501) OR Salad** OR Sandwich**

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*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)				Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)
Vegetable (½ c)				Roasted Potato Wedges (R4370)	Cooked Edamame (R4596)
Fruit (½c)				Fresh Fruit	Fresh Fruit
Fruit-Juice (½ c, 4 oz.)				Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once per week as an Extra Treat.				
Milk, 8 oz.				Milk	Milk
SUPPER				SUPPER	SUPPER
Entrée 1 Hot OR Cold				Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager’s Choice SUPPER Sandwich**	Mini Mozzarella Bites with Marinara Sauce V (R1153) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V
					OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683)
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day. Entrée Options: 1. Chik’n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik’n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik’n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik’n Sandwich (R6029) 8. Spicy Chick’n Sandwich (R6051)				
Vegetable (1/2 c)				Paradise Punch Veg Juice (CMS #1681)	Celery Sticks (CMS #3826)
					Under 4 Yrs: Cherry Smooth Cup (CMS #2364)
Fruit (1/2 c)				Fresh Fruit	Strawberry Creamsicle (CMS #2861)
					Under 4 Yrs: Fresh Fruit

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					ONLY apple, orange, pear, banana, sliced strawberry
Milk 8 oz.				Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper				L - Ketchup, Mayo, Mustard, Secret Sauce (R7079), Optional: Ranch Dressing L,S -Taco Sauce or Tapatio, Tajin	L - Sriracha Sauce, Choice Dressing L,S -Tajin S -Optional: Ranch

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk, 8 oz. – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)	
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Fresh Fruit

Apple (CMS#3800)	Banana (CMS #3204) Do not order on Mondays	Orange (CMS #3093)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week.	Nectarine (CMS# 3891)
Peach (CMS #3886)	Pear, Bartlett (CMS#3939)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)	White Peach (CMS# 3884)

****MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER**

LUNCH SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW, R1131-Scratch) 2. Turkey Breast, Cheese & Shredded Lettuce Sandwich (R5804)	3. Tuna Sandwich & Shredded Lettuce Sandwich (5805) 4. Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
	OPTIONAL: Fresh Pickles (R4618) & Sliced Tomato (R4650)	
LUNCH SMOOTHIES	1. Strawberry Smoothie (R3329D-DW, R3329C-CB) 2. Blueberry Smoothie (R3326D-DW, R3326C-CB)	3. Mango Smoothie (R3325D-DW, R3325C-CB) 4. Strawberry Mango Smoothie (R3343-DW, R3344-CB)
LUNCH SALADS	1. Chicken Parmesan Salad (R5710), Cheesy Garlic Breadstick (R2657) 2. Cajun Chicken Salad (R5713) & Cajun Ranch Dressing (R7110-CB, R7111-DW), Honey Biscuit (R2638) 3. Crunchy Chef Salad (R5789), Artisan Roll (CMS #6068)	4. Chinese Chicken Salad w/Shredded Chicken (R5709), Hawaiian Roll (CMS #6082) 5. Chicken Parmesan Wrap, (R5751-DW, R5752-CB)
SUPPER SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911)	3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944) 5. Sunbutter & Strawberry Jelly Sandwich V (R1943)